

Central Aquatic Center

2011 Lane Schedule

October 16 - December 24, 2011

Lane Schedule					
	Monday	Tuesday	Wednesday	Thursday	Friday
6:00—7:30am	1-6	1-10	1-6	1-6	1-6
7:30am-1:30pm	1-10	1-10	1-10	1-10	1-10
1:30-3:00pm	1-7	1-10	1-7	1-7	1-10
3:00-4:30pm	1-6	1-6	1-6	1-6	1-10
4:30-7:00pm	1-2	1-2	1-2	1-2	1-2 (close @ 6pm)
7:00-8:00pm	1-4	1-4	1-4	1-4	N/A
	Saturday	<u>Instructional Pool - Family Swim</u>			
9:00am-9:30am	1-4	Mon/Wed/Fri 12pm-3pm Tues/Thurs 12pm-4pm			
9:30am-2:00pm	1-10				

<u>Weight Room</u>	
Mon-Thurs	6:00am-8:00pm
Fri	6:00am-6:00pm
Sat	9:00am-2:00pm



Aqua-Aerobics Admission Adults \$4.50 / Seniors \$2.00		Closing Dates:	
Mon/Wed/Fri	9:00am to 10:00am	<u>November</u>	
		19 (Sat)	Closed
		24 (Thurs)	Closed
Mon/Wed/Fri (low impact)	10:00am to 11:00am	25 (Fri)	Open
		<u>December</u>	
		2 (Fri)	Closed at 2pm
Mon/Wed	5:30pm to 6:30pm	3 (Sat)	Closed
		17 (Sat)	Closed
		24 (Sat)	Closed
Dec 26 - Jan 6		Holiday Hours:	
		Mon-Fri	7am-6pm

Availability of the Instructional Pool varies from day-to-day, please call 770-528-8465 for details